

eINFO



REGISTRATION IS OPEN FOR OUR VIRTUAL CANADIAN HYPERTENSION CONGRESS!



Canada's largest national scientific and educational conference of its kind, the Canadian Hypertension Congress and YI Forum, is back virtually on May 29-30, 2025. The event will highlight our new guidelines with programming for primary care, basic science, and clinical/population science. You won't want to miss it!

For Speaker and Session details [please click here](#).

Submit your abstracts for inclusion in our Basic Science and Primary Care/Clinical Science tracks to info@hypertension.ca.

For full abstract submission details [please click here](#).

REGISTER NOW!

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May Measurement Month (MMM) is the annual global screening campaign initiated by the International Society of Hypertension.

Hypertension Canada is working with pharmacies across Canada to prepare for May Measurement Month. Training is provided to pharmacists in proper blood pressure screening to increase awareness and public access to hypertension treatment.

Find out more about blood pressure screening initiatives: [Blood Pressure Screening](#)

If you are a health care professional or pharmacist interested in becoming involved, please contact info@bloodpressurescreening.ca

May Measurement Month: [May Measurement Month](#)

Hypertension Canada Webinar: [What is the Role of the Pharmacist in Hypertension Control?](#)



Pharmacists delivering hypertension care services:
a systematic review and meta-analysis of
randomized
controlled trials

Background: Community-based models of care with the involvement of pharmacists and other nonphysician healthcare professionals can help improve blood pressure (BP) control. We aimed to synthesize the evidence of effectiveness of pharmacist interventions on BP among patients with hypertension.

[Click this link](#) for the full article.

Hypertension Canada Statement on
the Use of Cuffless Blood Pressure
Monitoring Devices in Clinical Practice

BACKGROUND: Cuffless blood pressure (BP) devices are an emerging technology marketed as providing frequent, noninvasive and reliable BP measurements. With the increasing interest in these devices, it is important for Hypertension Canada to provide a statement regarding the current place of cuffless BP measurements in hypertension management.

[Click this link](#) for the full article.

Sodium 101

Excess dietary sodium is a leading risk factor for hypertension and sodium reduction plays a key role in its management. We're excited to introduce Sodium 101 (www.Sodium101.com) - an interactive digital resource that offers practical guidance for reducing dietary sodium, including learning modules in food label reading and goal setting. It is grounded in behavioral theory.

It was funded by Manulife and developed by a team of Registered Dietitians and graduate students at Ontario Tech University, in collaboration with people with lived experience.

Sodium 101 is an excellent resource for the general public and patients. Try it today!