

PRELIMINARY PROGRAM*

TUESDAY, APRIL 28

Pre-Conference Activities

- 08:30–17:00 EPODE Canada Board Meeting (closed by invitation only)
 08:30–17:00 “Eat Less, Eat Better” ... Is it That Simple? Rethinking our message about healthy eating and obesity (offered by the Nutrition Resource Centre of Ontario, separate registration required)
 08:30–17:00 Certificate Course: Overview of Obesity Management (\$50 prep course)
 10:00–17:00 CON Board of Directors Meeting (closed by invitation only)
 13:30–17:00 CON Science Committee Meeting (closed by invitation only)
 13:30–17:00 CON-SNP National Exec Mtg.

WEDNESDAY, APRIL 29

Concurrent Workshops

- 08:30–17:00 EPODE Canada Obesity Forum: Game Changer
 08:30–17:00 Achieving Patient-Centeredness in Obesity Management within Primary Care Settings
 08:30–12:00 Intergenerational Determinants of Obesity: From programming to parenting
 08:30–12:00 Neighborhood Walkability and its relationship with Walking: Does Measurement Matter?
 08:30–12:00 Healthy Food Retail: Local public-private partnerships to improve availability of healthy food in retail settings
 08:30–12:00 Clinical Dilemmas and Research Priorities in an “Under-served Population:” Obesity in young people with physical disabilities
 08:30–12:00 Exploring the Interactions Between Physical Well-Being, Mental Well-Being and Obesity
 08:30–12:00 How Can I Prepare My Patient for Bariatric Surgery? Practical tips from orientation to operating room
 08:30–12:00 CON-SNP Leadership Workshop: Strengthening CON-SNP from the Ground Up
 12:00–13:30 Lunch
 Symposium: BED Time Stories
 12:15–13:15 People First: Living with Obesity in Canada
 13:30–17:00 Promoting Healthy Maternal Weights in Pregnancy and Postpartum
 13:30–17:00 Achieving and Maintaining Healthy Weight with Every Step!
 13:30–17:00 Preventive Care 2020: A workshop to design the ideal experience to engage patients with obesity in preventive health care
 13:30–17:00 Rewriting the Script on Weight Management: Interprofessional Workshop
 13:30–17:00 Adolescent Bariatric Surgery – Now or Later? Teen and provider perspectives
 13:30–15:00 SciCom-muniCON: Science Communication-Sharing and exchanging knowledge from a variety of vantage points
 15:30–17:00 The Canadian Task Force on Preventive Health Care’s Guidelines on Obesity Prevention and Management in Adults and Children in Primary Care
 17:00–18:30 Canadian Obesity Summit Opening Ceremonies with Special Guests (All welcome to attend)
 18:30–20:30 Welcome Networking Reception Exhibit Hall
 19:45 Optional Social Event: Meet in hotel lobby 19:45 to 20:20, for guided walks to SPiN Toronto

THURSDAY, APRIL 30

- 06:30–08:15 BREAKFAST SYMPOSIA: Low Calorie Sweeteners: Update on Safety and Controversies
 06:30–08:15 AM Physical Activity Options: Yoga or Run & Walk
 07:30–12:00 Pediatric Obesity Treatment Workshop (closed by invitation only)
 08:30–10:00 HOT TOPICS & CONTROVERSIES IN **WEIGHT BIAS AND STIGMA**
 08:30–10:00 HOT TOPICS & CONTROVERSIES IN **OBESITY AND CO-MORBID CONDITIONS**
 08:30–10:00 Symposium: Rich Rewards: How Tasty Foods can Rewire your Brain
 10:30–12:00 Symposium: Public-Private Partnerships: Does Industry Have a Role to Play in Obesity Prevention?
 10:30–12:00 Symposium: A Sugary Dilemma: Are diet drinks a viable harm reduction alternative to sugar-loaded beverages? Implications for tax policy
 10:30–12:00 Symposium: 5AsT-MD: An approach to increasing the quality of weight management in primary care

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LEGEND:

 Hot Topics and Controversies

 Workshops

 Symposia

 CABPS program

 Oral Abstracts



- 10:30–12:00 Symposium: Molecular Basis of weight loss Variability in Response to Energy Restriction
 12:00–13:30 Poster Sessions in the Exhibit Hall
 12:00–13:30 Ontario Pediatric Bariatric Network Board Meeting (closed by invitation only)
 12:00–13:30 Lunch Symposia TBA
 13:30–15:00 Concurrent Orals: **Physical Activity**
 13:30–15:00 Concurrent Orals: **Health Policy**
 13:30–15:00 Concurrent Orals: **Fetal & Maternal Health**
 13:30–15:00 Concurrent Orals: **Health Services**
 13:30–15:00 Concurrent Orals: **Bariatric Surgery 1**
 13:30–15:00 Concurrent Orals: **Parents' Impact on Children**
 13:30–15:00 Concurrent Orals: **Basic Science**
 15:30–17:00 HOT TOPICS & CONTROVERSIES IN **MULTI-LEVEL APPROACHES TO CHILDHOOD OBESITY PREVENTION**
 15:30–17:00 HOT TOPICS & CONTROVERSIES IN **INTERGENERATIONAL OBESITY DEVELOPMENT**
 15:30–17:00 Symposium: When Harry Tweeted Sally and Other Modern Day Stories
 17:30–18:30 Physical Activity Options
 18:00 Optional Social Event: Meet in hotel lobby 18:00 to 18:20, for guided walks to the Loose Moose

FRIDAY, MAY 1

- 06:30–08:15 BREAKFAST SYMPOSIA: Strategies for Maintaining Long-term Weight Management
 06:30–08:15 AM Physical Activity Options: Yoga or Run & Walk
 08:30–10:00 HOT TOPICS & CONTROVERSIES IN **OBESITY AND NUTRITION**
 08:30–10:00 HOT TOPICS & CONTROVERSIES IN **BARIATRIC TREATMENT**
 08:30–09:00 CABPS Plenaries: Current Access to Bariatric Surgery in Canada
 09:00–09:30 CABPS Plenaries: Current and Emerging Pharmacotherapies for Obesity
 09:30–10:00 CABPS Plenaries: Emerging Technologies in Bariatric Surgery
 10:30–12:00 Symposium: Using Evidence, Law and Political Science to Advance Obesity Prevention Policies (CPAC)
 10:30–12:00 Symposium: CIHR, Institute of Nutrition and Metabolism and Diabetes: An Overview of Bariatric Care Team Grants
 10:30–12:00 CABPS Symposium: Peri-operative Medical Management
 10:30–12:00 CABPS Symposium: Management of Surgical Complications
 10:30–12:00 CABPS Symposium: Neuroendocrine and Metabolic Changes
 12:00–13:30 Posters Sessions in the Exhibit Hall
 12:00–13:30 Lunch Symposia (Shire)
 13:30–15:00 Concurrent Orals: **Emerging Obesity Treatments**
 13:30–15:00 Concurrent Orals: **Obesity and Mental Health**
 13:30–15:00 Concurrent Orals: **Obesity and Healthy Eating**
 13:30–15:00 Concurrent Orals: **Bariatric Surgery 2**
 13:30–15:00 Concurrent Orals: **Food & Beverage Policy**
 13:30–17:30 Symposium: The Bariatric Surgery Patient : Pre-conditioning, Peri-operative Management and Post-Surgical Follow-up
 15:30–17:30 HOT TOPICS & CONTROVERSIES IN **COMMUNITY-BASED OBESITY STRATEGIES**
 15:30–17:30 HOT TOPICS & CONTROVERSIES IN **BARIATRIC CARE AND OUTCOMES**
 15:30–16:00 CABPS Plenary: Tailored Approach in Bariatric Medicine
 16:00–16:30 CABPS Plenary: Tailored Surgical Approaches
 16:30–17:00 CABPS Plenary: Long-Term Outcomes in Bariatric Medicine
 18:00–20:00 Physical Activity Options
 18:45 Optional Social Event: Meet in hotel lobby 18:50-19:20, for guided walks to the Office Pub

SATURDAY, MAY 2

- 06:30–07:30 AM Physical Activity Options: Yoga or Run & Walk
 Breakfast Symposia (Industry-Sponsored)
 07:30–08:30 CABPS Annual General Meeting
 08:30–10:00 HOT TOPICS & CONTROVERSIES IN **PHYSICAL ACTIVITY**

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- 08:30–09:15 CABPS Debate 1: **Management of Class I Obesity (BMI <30-35): Medical vs. Surgical**
- 09:15–10:00 CABPS Debate 2: **Should the Band be Banned: Yes or No?**
- 10:30–12:00 CABPS Surgical Techniques: **Video session**
- 10:30–12:00 CABPS Symposium: **Long-term medical complications**
- 13:30–14:15 CABPS Debate 3: **Adolescent Bariatric Surgery – Is it ethical?**
- 14:15–15:00 CABPS Debate 4: **Management of Weight Regain – Surgery versus medical management**
- Concurrent Workshops**
- 10:30–15:00 Drugs, Drinking and Disordered Eating: Managing challenging cases in bariatric surgery
- 10:30–15:00 From Mindless to Mindful Eating: Tools to help the bariatric patient succeed
- 10:30–15:00 Improving Body Image in our Patients: A key component of weight management
- 10:30–15:00 Type 2 Diabetes in Children and Adolescents: A translational view
- 10:30–12:00 Weight Bias: What do we know and where can we go from here?
- 10:30–12:00 Balanced View: Addressing weight bias & stigma in health care
- 10:30–15:00 Getting Down to Basics in Designing Effective Programs to Promote Health and Weight Loss
- 10:30–15:00 Meal Replacements in Obesity Management: A psychosocial and behavioural intervention and/or weight loss tool
- 12:00–13:30 Lunch
- 12:00–13:30 Panel Discussion: How to start a local CON Chapter
- 13:30–15:00 Energy Balance in the Weight-Reduced Obese Individual: A biological reality that favours weight regain
- 13:30–15:00 Transition of Care in Obesity Management: Bridging the gap between pediatric and adult health care services
- 13:30–15:00 Innovative and Collaborative Models of Care for Obesity Treatment in the Early Years
- 15:30–16:30 HOT TOPICS & CONTROVERSIES IN **ACCESS TO BARIATRIC TREATMENTS**
- 15:30–16:30 HOT TOPICS & CONTROVERSIES IN **CAUSES OF OBESITY: GUTS AND BUGS**
- 16:30–17:30 Canadian Obesity Summit Closing Ceremonies with Special Guests (All welcome to attend)
- 17:30–19:00 3rd Annual Canadian Neurometabolic Club Keynote
- 18:00 Optional Social Event: Meet in hotel lobby 18:00–18:20, for guided walks to the Scotland Yard; followed by the BierMarkt at 20:30

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