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2023 CANADIAN HYPERTENSION CONGRESS & YI FORUM



Make sure that you mark your calendar for October 23-24 for our 2023 Canadian Hypertension Congress & YI Forum! We are excited to see everyone in person for the first time in three years at this exciting event.

This year, we will be having our Congress at the Hotel Omni Mont-Royal in beautiful downtown Montreal. Our Congress theme this year will be "The Changing Landscape of Hypertension," where our speakers will present on various developments in research, technology, and guidelines.

Registration details and the call for abstracts will be following soon! We look forward to seeing you in October.

2023 VIRTUAL ANNUAL GENERAL MEETING

This year, we will be holding our AGM on September 21st at 11 am virtually and we encourage all of our members to attend! We will be giving everyone an update on what we've done in the past year and what the future holds for Hypertension Canada. We will also be voting in any new Board members. Be on the lookout for registration information!

MAY WEBINAR

On May 8th, we hosted a webinar on the dangers of unvalidated blood pressure devices. The presenters, Dr. Dean Picone and Jonathan Chan (along with moderator Dr. Swapnil Hiremath), spoke about their research related to this topic, and stressed the importance of device validation to ensure safe and accurate readings. For those who want to learn more, [click here](#) to watch the recording of the webinar on our YouTube channel. Following the webinar, we sent out a [press release](#) to warn the public about the dangers of unvalidated devices.

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OUR NEW WEBSITE IS LIVE!

Since utilizing our website is a key component of our [new strategic plan](#), we've been hard at work designing a new website that has a much more clean and straightforward layout. Our new website launched on May 17th for May Measurement Month and it is designed to serve both healthcare professionals and the public. [Click here](#) to check it out!

BECOME A MEMBER!

It's membership renewal season here at Hypertension Canada, which means it's a great time to become a new member! A Hypertension Canada membership will give you discounted registration at events, networking opportunities, free educational materials, and more! [Click here](#) to join our network of professionals dedicated to fighting hypertension.

OUR PRESIDENT'S INTERVIEW ON THE HEART & STROKE PODCAST

Our President, Dr. Ross Tsuyuki, was recently featured on Heart & Stroke's podcast The Beat. He was interviewed about various topics relating to hypertension: including measuring your blood pressure, treatment options, the current status of hypertension in the Canadian population, and more. If you're interested, [click here](#) to listen.

MOTIVATOR PHYSICIAN TRAINING

The Montreal Behavioural Medicine Centre and Canadian Thoracic Society invite you to take part in the optimization of MOTIVATOR, a training program in Motivational Communication aiming to help physicians support lasting health behaviour changes for their patients living with chronic diseases. The event will be offered online and free of charge on May 12, from 8:30AM to 12:30PM. It will allow participants to claim up to 15 Section 3 Simulation Activity credits, as defined by the Maintenance of Certification Program (MOC) of The Royal College of Physicians and Surgeons of Canada. In the context of the optimization study, participants will also be invited to join an online discussion group on Tuesday, May 16, at 7PM.

If you are interested in this workshop, or would like more information, please write to voisard.brigitte@courrier.uqam.ca.