

2020 Outstanding Volunteer Award



Lyne Cloutier, PhD

**University of Quebec at Trois-Riveres
Trois-Riveres, Quebec**

Hypertension Canada is honoured to recognize Dr. Lyne Cloutier as the recipient of the 2020 Outstanding Volunteer Award, which recognizes the outstanding efforts and contributions to move forward the mission of Hypertension Canada.

Dr. Lyne Cloutier is a professor and nurse scientist at the University of Quebec at Trois-Riveres. Since 2006, Dr. Cloutier has been a member of Hypertension Canada and has actively led various programs, with a focus on accurate blood pressure measurement. She is recognized both locally, nationally, and

internationally for her contributions to detection, diagnosis, and monitoring of high blood pressure. For over 20 years, Dr. Cloutier has been committed to Hypertension Canada's mission, clinical practice guidelines, knowledge tool development and blood pressure measurement. She has been the chair of the Measurement committee since 2006 and has been instrumental in the implementation of a new diagnostic algorithm for hypertension, use of automated office blood pressure machines, and out-of-office BP measurements. Dr. Cloutier has always strongly believed that evidence is key to making any decision and has tirelessly reviewed the literature to make recommendations. This dedication has ensured that the clinical practice guidelines uphold the highest level of excellence.

Throughout her career, Dr. Cloutier has dedicated countless hours of volunteer time to Hypertension Canada through service on numerous committees and as a dedicated-long standing member of the board of directors. As a testament to her contributions and commitment, she was awarded the Distinguished Service Award in 2017 and a Certificate of Excellence in 2012. Moreover, Dr. Cloutier has mentored countless trainees at the University of Quebec at Trois-Riveres. She has been an excellent role model and actively engages them in the Hypertension Canada guidelines review. She is a key player to ensure that the next generation of hypertension researchers are being cultivated and nurtured.

Dr. Cloutier's dedication to improving the diagnosis and management of hypertension both nationally and internationally exemplifies "outstanding volunteer" and makes her a worthy recipient of the 2020 Outstanding Volunteer Award. Her passion, kindness, and commitment are second to none, and makes her a wonderful clinician and very deserving of this award.