

2020 Jacques de Champlain New Investigator Award



JoAnne Arcand, PhD, RD

Ontario Tech University
Oshawa, Ontario

Hypertension Canada is honoured to recognize Dr. JoAnne Arcand as the recipient of the 2020 Jacques de Champlain Investigator Award, which recognizes excellence in the field of hypertension research by a new investigator that made significant contributions to the advancement and extension of knowledge in basic, clinical, health services or population-based research.

Dr. JoAnne Arcand began her faculty position at Ontario Tech University. Over a short period of time, she has become very highly regarded nationally and internationally as a rising star in public health and clinical science related to dietary salt. Dr. Arcand possesses a unique skillset with a research program that focuses on the development, implementation and evaluation of nutrition policies and programs at the population level, and on nutrition interventions

and tools to support individuals and clinicians at the clinical level. The context of this research focuses on the prevention and management of hypertension and cardiovascular disease, with a particular emphasis on dietary sodium.

Dr. Arcand is the recipient of two highly competitive funding awards: A National New Investigator Award (2018-2022) from the Heart and Stroke Foundation and an Ontario Early Researcher's Award (2019-2024) from the government of Ontario. This is in addition to receiving a World's Hypertension League Award for Notable Achievement in Dietary Salt Reduction at the Population Level and a 2017 CIHR/Canadian Nutrition Society New Investigator Prize.

Without question, Dr. Arcand is a very bright, highly motivated, hardworking, well trained, collegial young scientist who is a rising star and a national and international leader on a critical public health issue. She is extremely productive and has become well recognized and awarded at this early stage of her career. There is no doubt that she will continue to build upon these outstanding accomplishments in the future, generating key data to inform hypertension prevention and management in Canada and internationally. Dr. Arcand's excellence in the hypertension community are among the reasons she is the most deserving of the 2020 Jacques de Champlain New Investigator Award.