

# The Hypertension Canada Professional Certification Program is Here!



The Hypertension Canada Professional Certification Program is designed to arm pharmacists with the knowledge and confidence to identify and manage patients with hypertension. Through online learning modules and practical application learning through your own practice, this comprehensive certification program provides the opportunity to examine and execute the core competencies of hypertension management to improve patient care.

## Learning objectives:

- Provide the knowledge and confidence to identify and manage patients with hypertension
- Use practical application and skill-building to implement hypertension management strategies at the pharmacy level
- Provide evidence-based learning with a goal to improve guidelines adoption and adherence

## Course overview

- 4 self-paced online learning modules
- Comprehension testing
- Demonstration of blood pressure measurement technique
- Use of a hypertension registry to assist in patient management
- Submission of three patient cases for evaluation and feedback by hypertension experts

Pharmacists will receive certification in hypertension management from Hypertension Canada upon successfully completing the requirements of the program and will be able to use the post-nominals (HC-CHM) and be listed as a certified hypertension practitioner on the Hypertension Canada website.

## Time Commitment:

Approximately 30-35 hours of self-paced learning (~3 hours per week). Pharmacists will have 10 weeks to complete the program

## Competencies:

1. Demonstrates a sound knowledge of the epidemiology of hypertension
2. Demonstrates a substantial understanding of the pathophysiology of hypertension
3. Is knowledgeable in hypertension prevention strategies
4. Is able to demonstrate the proper technique when measuring blood pressure
5. Demonstrates an understanding of the validation process for blood pressure devices
6. Demonstrates an ability to screen for and identify individual patient cases for hypertension
7. Demonstrates the ability to appropriately diagnose hypertension
8. Demonstrate a knowledge of common comorbidities in hypertension and how they affect diagnosis and management
9. Demonstrates the ability to assess risk factors for cardiovascular disease and calculate a risk score for cardiovascular events
10. Demonstrate a knowledge of the end-organ effects of hypertension and how it is identified and prevented
11. Has a working knowledge of diet and lifestyle measures for hypertension
12. Demonstrates exemplary decision-making with respect to the pharmacologic management of hypertension
13. Can identify adherence support strategies for antihypertensive therapy
14. Can Implement appropriate follow-up strategies
15. Is able to identify patients who require referral to other healthcare professionals.