

2016 Distinguished Service Award



Donald W. McKay, BSc, MS, PhD

**Memorial University of Newfoundland
St. John's, Newfoundland**

Dr. McKay is the recipient of the prestigious 2016 Distinguished Service Award, for his more than 25 years of continuous contributions in primary, secondary and tertiary prevention of hypertension and his consistent support of the mission of Hypertension Canada and its heritage organizations.

Dr. McKay, as a strong advocate for high quality blood pressure measurement, set the standard for all Canadian recommendations on clinical blood pressure measurement. In 1999, he became part of the Canadian Hypertension Working Group and its efforts to produce annually updated practice management guidelines for hypertension. The working group was the forerunner to what became the Canadian Hypertension Education Program (CHEP). He continues to contribute on an annual basis to the evidence-based process and the related knowledge translation activities of Hypertension Canada's Guidelines.

Dr. McKay was one of the first to implement the teaching of Canadian blood pressure measurement guidelines in a Canadian MD curriculum, and continues to teach blood pressure measurements in accordance with the most recent Hypertension Canada Guidelines. For 10 years, he was a strong leader on the Executive of Blood Pressure Canada, one of Hypertension Canada's heritage organizations. Dr. McKay's influence is multiplied by the many contributions made by those he has encouraged, inspired, and supported throughout his career.

Dr. McKay's work exemplifies the essence of Hypertension Canada's Distinguished Service Award.