

2015 Distinguished Service Award



Martin G. Myers MD, FRCPC

**Sunnybrook Health Sciences Centre
Toronto, Ontario**

Dr. Myers, for his more than 35 years of continuous voluntary service and leadership to hypertension organizations at the local, regional and national levels, is the 2015 Distinguished Service Award recipient. Dr. Myers was instrumental in the development of the Toronto Hypertension Society, founded the Ontario Hypertension Society, and is credited in part with conceiving the original idea for the Canadian Hypertension Society. He served on its first Board of Directors and continued to be a Director for the next ten years. In addition to Dr. Myers' governance roles, he was dedicated to ensuring scientific content of the highest quality for the Society's meetings.

Dr. Myers continues to serve as the Chairman of Hypertension Canada's CHEP Recommendations Automated Blood Pressure Devices Sub-Committee, a role he has held since 2006. In addition, his clinical research studies involving automated measurement of blood pressure in the office setting has led to findings that have supported important changes to Hypertension Canada's CHEP Recommendations. Automated office blood pressure measurement is now recommended for assessing a patient's blood pressure in order to obtain a more accurate reading that eliminates the "white coat effect," in which blood pressure is abnormally elevated when measured in a clinical setting. Dr. Myers' research has the potential to make healthcare more effective and efficient throughout the world. Dr. Myers' work exemplifies the essence of Hypertension Canada's Distinguished Service Award.