

November 9, 2015

HYPERTENSION CANADA RESPONDS TO SPRINT RESULTS

Markham, ON – November 9, 2015 – Hypertension Canada, Canada’s national organization for the prevention and control of hypertension and its complications, welcomed the release of the results of the U.S. National Heart, Lung and Blood Institute (NHLBI) Systolic Blood Pressure Intervention Trial (SPRINT), presented earlier today at the American Heart Association’s annual scientific meeting in Orlando.

“SPRINT demonstrates the importance of research in helping us to better understand hypertension and its treatments,” said Dr. Ernesto Schiffrin, President of Hypertension Canada. “Hypertension impacts millions of Canadians and is a leading risk factor for complications like heart attack, stroke and death.”

“Our clinical guidelines team will carefully examine this new data over the coming weeks and will keep health care professionals informed about any changes to Canada’s hypertension guidelines that may result from this study,” added Dr. Schiffrin.

In the meantime, Hypertension Canada recommends that health care professionals continue to refer to Hypertension Canada’s Guidelines for treating patients with hypertension.

“Hypertension Canada’s Guidelines are evidence-based, rigorously reviewed, and updated annually,” added Dr. Schiffrin.

Canadians concerned about their blood pressure and the results of SPRINT should continue to monitor their blood pressure carefully, follow their health care provider’s directions, and speak to them about their concerns.

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Interviews with subject matter experts from Hypertension Canada can be arranged by contacting:

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About Hypertension Canada

Hypertension Canada is the nation's provider of clinical practice guidelines for hypertension. Powered by a professional network of the leading multidisciplinary experts in hypertension, Hypertension Canada is Canada's only national non-profit organization dedicated solely to the prevention and control of hypertension and its complications.

www.hypertension.ca / guidelines.hypertension.ca