

November 9, 2015

RESULTS OF NEW RESEARCH IN HIGH BLOOD PRESSURE MANAGEMENT EXPECTED TODAY

EXPERTS FROM HYPERTENSION CANADA AVAILABLE TO RESPOND

Results from the National Heart, Lung and Blood Institute (NHLBI) Systolic Blood Pressure Intervention Trial (SPRINT) will be presented at the American Heart Association's annual scientific meeting in Orlando, Florida this afternoon.

SPRINT studied the results of controlling systolic blood pressure to a target of less than 120 millimeters of mercury (mm Hg) among a select group of patients over the age of 50, compared to reducing blood pressure to the more commonly recommended level of less than 140 mm Hg.

Hypertension Canada will be reviewing the SPRINT results and will be available for comment.

WHAT: Leading experts in hypertension from Hypertension Canada respond to the results of SPRINT

WHO: **Dr. Ernesto Schiffrin**, President of Hypertension Canada
Dr. Doreen Rabi, Co-Chair of Hypertension Canada's Guidelines Committee
Dr. Raj Padwal, Co-Chair of Hypertension Canada's Guidelines Committee

WHEN: Monday, November 9, 2015

Interviews with subject matter experts from Hypertension Canada can be arranged by contacting:

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About Hypertension Canada

Hypertension Canada is the nation's provider of clinical practice guidelines for hypertension. Powered by a professional network of the leading multidisciplinary experts in hypertension, Hypertension Canada is Canada's only national non-profit organization dedicated solely to the prevention and control of hypertension and its complications.

www.hypertension.ca / guidelines.hypertension.ca